

Company Background

A sudden onset of "bad skin" led to insecurity and the realization of how little **Therese Clark** knew about skin and its ongoing changes. She felt a serious need to find real solutions for herself and other women who might also be experiencing similar problems. The first person she consulted was her mom, an award-winning OB/GYN nurse for the past 40 years, and one who was well-versed in hormonal-related skin conditions. But she wasn't as informed about current ingredients or clinical products, so Therese consulted several Dermatologists who prescribed different oral and topical medications for acne and hyperpigmentation. Some proved effective in the short-term, however, Therese sought long-term as well as immediate skincare solutions, with limited oral medications that wouldn't compromise hormonal balance.

This led her to realize there was a significant void in the skincare industry --- a need for an all-inclusive clinical skincare line formulated to meet the specific skincare needs of women, as well as those with more severe, unpredictable skin issues. The sole intention for the brand was to create safe, high-performance products, each with purpose. Customizable skincare that was serious, yet not intimidating or difficult to use. She also felt that the line should be physician-dispensed to ensure results while maintaining the health of each patient.

After a few years of researching and developing the concept, an experienced team was formed to help Therese refine and realize her dream. She was introduced to **David and Christine Watson**. A pioneer in the medical skincare industry and one of the original owners of the successful retail brand *Philosophy*[®], **David Watson** was a former co-owner of *Biomedic*[®] Clinical Skincare, one of the first successful companies to develop skincare products dispensed by physicians. David's wife, **Christine Watson**, was a prominent cosmetics and skincare buyer for *Harrods Department Store in London* who was also a breast cancer survivor and role model for those living with cancer, who considered women's health issues a priority..

The team assembled a visionary board of physicians and skin scientists on the forefront of biotechnical, pharmaceutical, and cosmeceutical research to help develop a next-generation skincare collection. This collaboration resulted in **mybody**, a *clinical, integrative approach to skincare* that combines innovation, education and skin maintenance into a simple, effective program dedicated to total health and well-being.

The name **mybody** reminds us that our skin and our body work together as a whole. When the mind and body are in balance, skin appears youthful for longer, regardless of age. The motto "*love my skin, love mybody*[™]" has become a powerful affirmation. **mybody** challenges you to love your skin and love your body everyday for a lifetime of healthy, beautiful skin.